

# Yes, You're Pregnant, But What About Me?

The Essential Guide for Dads-to-Be

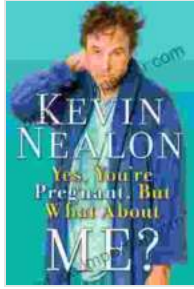


**Yes, You're Pregnant, But What About Me?** by Kevin Nealon

★★★★☆ 4.1 out of 5

Language : English

File size : 852 KB



Text-to-Speech : Enabled  
Screen Reader : Supported  
Enhanced typesetting : Enabled  
Word Wise : Enabled  
Print length : 274 pages



Congratulations, you're going to be a dad! This is an exciting time, but it can also be a bit daunting. After all, you're about to embark on a whole new adventure, and there's a lot to learn. This book is here to help you navigate the journey of fatherhood, from the moment you find out you're going to be a dad to the day your little one arrives and beyond.

In this book, you'll find everything you need to know about:

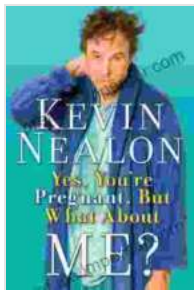
- The physical and emotional changes you'll experience during pregnancy
- How to support your partner during pregnancy and labor
- The practicalities of preparing for your new arrival, including choosing a name, buying baby gear, and setting up a nursery
- The challenges and rewards of being a new dad

This book is written by a team of experts, including doctors, midwives, and psychologists. It's full of practical advice, tips, and resources to help you make the most of this special time in your life.

So whether you're a first-time dad-to-be or you're already a dad and want to brush up on your skills, this book is for you.

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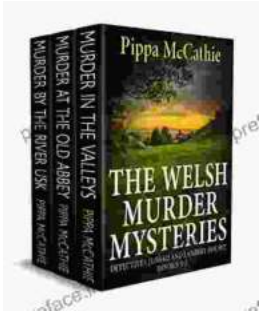
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