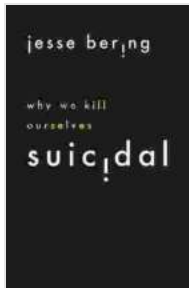


Suicidal: Why We Kill Ourselves

Suicide is a complex and often misunderstood phenomenon. In this groundbreaking book, Dr. Thomas Joiner provides a comprehensive exploration of suicide, from its causes to its prevention.



Suicidal: Why We Kill Ourselves by Jesse Bering

★★★★☆ 4.7 out of 5

Language	: English
File size	: 515 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
Word Wise	: Enabled
Print length	: 285 pages
Lending	: Enabled



Drawing on his own research and the latest scientific findings, Dr. Joiner argues that suicide is not simply a result of mental illness. Rather, it is a complex phenomenon that can be caused by a variety of factors, including:

- Genetics
- Personality traits
- Life experiences
- Social and cultural factors

Dr. Joiner also explores the different ways that people think about suicide, from the initial thoughts of self-harm to the final act of taking one's own life. He discusses the warning signs of suicide and provides advice on how to help someone who is thinking about suicide.

Suicidal is an essential resource for anyone who wants to understand suicide. It is a must-read for mental health professionals, family members, and friends of people who have been affected by suicide.

Praise for Suicidal

"Suicidal is a groundbreaking book that provides a comprehensive understanding of suicide. Dr. Joiner's research is cutting-edge, and his insights are invaluable. This book is a must-read for anyone who wants to understand suicide and prevent it." - **Dr. David Rudd, Director of the National Suicide Prevention Lifeline**

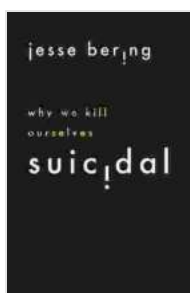
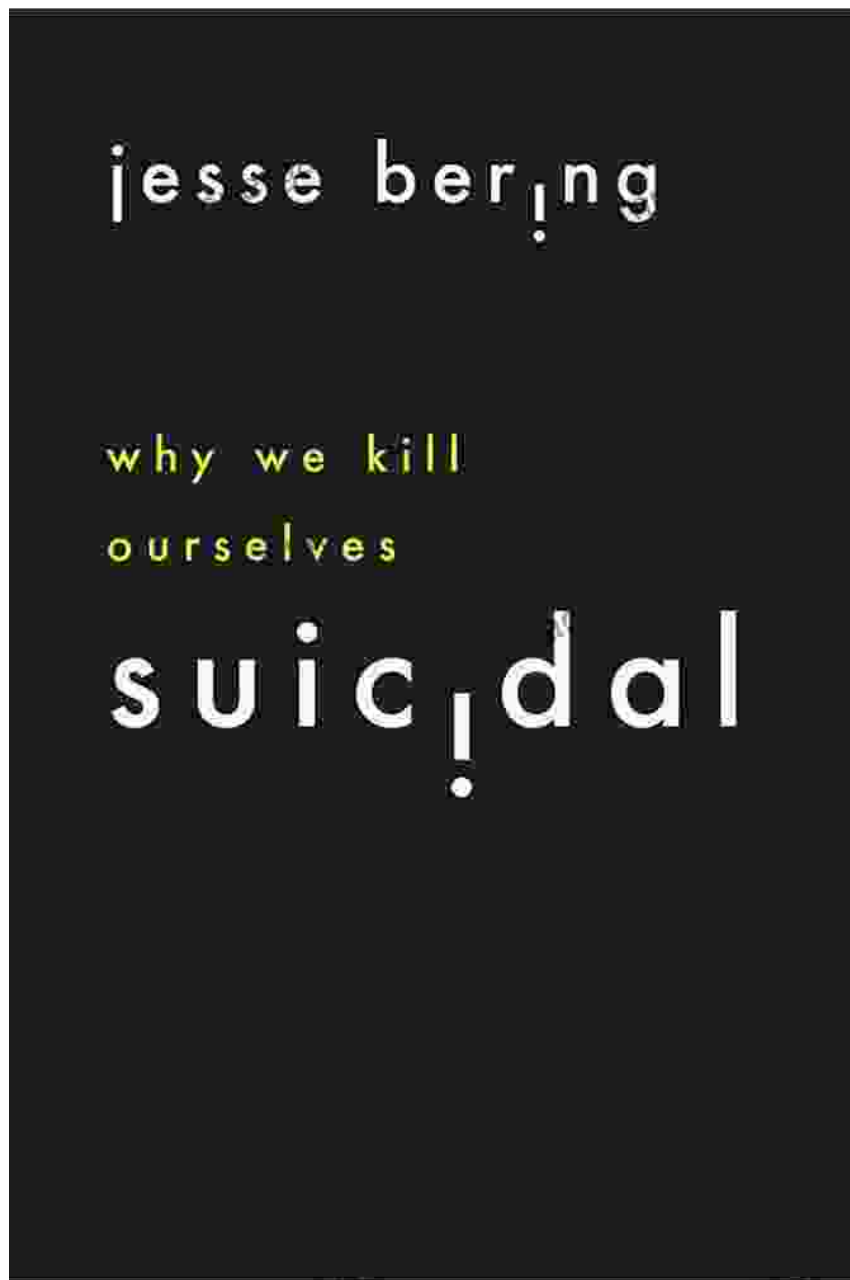
"Suicidal is a powerful and important book. Dr. Joiner's research is groundbreaking, and his insights are invaluable. This book has the potential to save lives." - **Dr. Kay Redfield Jamison, author of An Unquiet Mind**

About the Author

Dr. Thomas Joiner is a professor of psychology at Florida State University. He is the author of several books on suicide, including *Why People Die by Suicide* and *Myths About Suicide*. Dr. Joiner's research has been featured in *The New York Times*, *The Washington Post*, and *The Wall Street Journal*.

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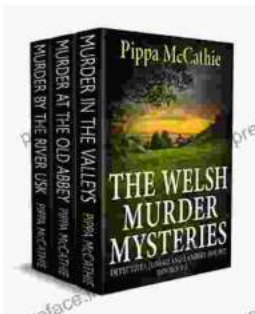
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