

100 TV Moments to Get Teenagers Talking: Videos That Teach

Teenagers are often glued to their screens, watching TV shows and videos. While this can be a great way to unwind and relax, it can also be an opportunity to learn and grow. That's why we've put together this list of 100 TV moments that are perfect for getting teenagers talking about important issues.

These moments cover a wide range of topics, from bullying and cyberbullying to mental health and substance abuse. They're all real-life situations that teenagers can relate to, and they offer a starting point for important conversations.

We've also included discussion questions for each moment, so you can use them to spark a conversation with your teenager. These questions are designed to help teenagers think critically about the issues they're facing, and to develop their own opinions.



TV Shows That Teach: 100 TV Moments to Get

Teenagers Talking (Videos That Teach) by Eddie James

★★★★☆ 4.7 out of 5

Language : English
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Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 240 pages



1. Bullying

- **Moment:** A girl is bullied at school for being overweight.
- **Discussion questions:**
 - What are the different types of bullying?
 - What are the effects of bullying on the victim?
 - How can we stop bullying?

2. Cyberbullying

- **Moment:** A teenager is harassed online by a classmate.
- **Discussion questions:**
 - What is cyberbullying?
 - What are the different ways that teenagers can be cyberbullied?
 - How can we stop cyberbullying?

3. Mental health

- **Moment:** A teenager struggles with depression and anxiety.
- **Discussion questions:**

- What are the signs and symptoms of mental illness?
- How can we get help for teenagers who are struggling with mental illness?
- How can we reduce the stigma associated with mental illness?

4. **Substance abuse**

- **Moment:** A teenager experiments with drugs and alcohol.
- **Discussion questions:**
 - What are the dangers of substance abuse?
 - How can we prevent teenagers from experimenting with drugs and alcohol?
 - How can we help teenagers who are struggling with substance abuse?

5. **Relationships**

- **Moment:** A teenager experiences their first romantic relationship.
- **Discussion questions:**
 - What are the different types of relationships?
 - What are the signs of a healthy relationship?
 - What are the signs of an unhealthy relationship?

6. Family

- **Moment:** A teenager has a conflict with their parents.
- **Discussion questions:**
 - What are the different types of family structures?
 - What are the different roles that family members play?
 - How can we resolve conflicts within our families?

7. School

- **Moment:** A teenager struggles with school work.
- **Discussion questions:**
 - What are the different types of learning styles?
 - How can we help teenagers who are struggling with school work?
 - How can we make schools more supportive for all students?

8. Social media

- **Moment:** A teenager spends too much time on social media.
- **Discussion questions:**
 - What are the benefits and risks of social media?

- How can we help teenagers use social media in a healthy way?
- How can we reduce the amount of time that teenagers spend on social media?

9. Identity

- **Moment:** A teenager struggles with their identity.
- **Discussion questions:**
 - What are the different factors that shape our identity?
 - How can we help teenagers develop a positive self-image?
 - How can we help teenagers who are struggling with their identity?

10. The future

- **Moment:** A teenager thinks about their future.
- **Discussion questions:**
 - What are the different career paths that teenagers can choose?
 - How can we help teenagers prepare for their future?
 - How can we help teenagers make good choices about their future?

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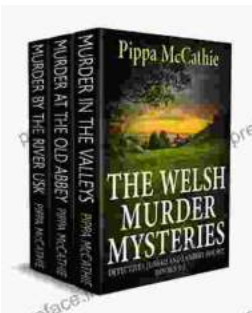


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